



ENVIRONMENT AND SUSTAINABILITY SCRUTINY COMMITTEE – FOR INFORMATION

SUBJECT: WELL-BEING OBJECTIVE 5 – 6 MONTH PROGRESS UPDATE

REPORT BY: INTERIM CORPORATE DIRECTOR - COMMUNITIES

1. PURPOSE OF REPORT

- 1.1 This report is for information only and gives a progress update of the first six months of 2019/20 against Wellbeing Objective 5 'Creating a county borough that supports a healthy lifestyle in accordance with the Sustainable Development Principle within the Well-being of Future Generations (Wales) Act 2015'.

2. SUMMARY

- 2.1 The Well-being Objectives are set for five years 2018-2023. This is the 6 month update of 2019/20 of the Well-being objective 5 'Creating a county borough that supports a healthy lifestyle in accordance with the Sustainable Development Principle within the Well-being of Future Generations (Wales) Act 2015'.
- 2.2 This Well-being Objective has 2 outcomes which are noted in 5.1 and a Progress Update for the period April to September 2019 is provided at Appendix 1. Following a review of the outcomes at this stage of the 5-year plan the objective is judged to be progressing well.

3. RECOMMENDATIONS

- 3.1 Members are requested to note the content of the report and to note that progress is being made at the 6 month stage of 2019/20 of the 2018-2023 Well-being Objective assessment.

4. REASONS FOR THE RECOMMENDATIONS

- 4.1 That members are informed and have the opportunity to call the objective to the agenda in having assurance that the Council is working towards delivering the objectives within its Corporate Plan 2018-2023.

5. THE REPORT

- 5.1 Well-being Objective 5 has 2 outcomes which are:
- Aim to reduce inequalities in health across the county borough
 - Creating a place that supports a healthy lifestyle including:
 - Contributing towards the Welsh Government target to reduce smoking

- prevalence rates to 16% by 2020
- Reducing the overweight and obesity rates in children
- Understand and address what helps to encourage people to become more physically active

A Progress Update for the period April to September 2019 is provided at Appendix 1.

5.2 What has gone well

19 schools have achieved the Healthy Schools National Quality Award. This equates to 22% of our schools. This is well above the national target of 10%. The period dignity working party supported by healthy schools ensured the delivery of 134 red boxes of sanitary products across schools, libraries, youth centres and community centres. The 2019/20 WG grant is being used to purchase plastic free products and Caerphilly was the first Local Authority in Wales and the UK to make this commitment.

78 settings are currently engaged in the Healthy Early Years Scheme with 59 progressing through the scheme and 19 who have completed the full scheme, of which 3 are working towards reaccreditation and 6 completed within this year. Estimated number of children benefiting from the scheme is 1712. 5 new settings have enrolled this year with a further 3 settings ready to sign up before the end of March 2020. The team is continuing to work closely with neighbouring local authorities in the Healthy Early Years network for a regional approach and liaise with Public Health Wales and other childcare partner organisations to enhance scheme and meet objectives.

A £500k investment for improvements to the fitness suite and studios at Newbridge Leisure Centre was approved by Cabinet in April 2019; works are due to be completed later in 2020. A new 3G Pitch at Blackwood Comp has been completed and opened for community bookings. A new Leisure Lifestyle app to enhance the customer journey of leisure centre users across Caerphilly has been launched.

Welsh Government have approved funding for the development of a Community Athletics Hub at Rhiw Syr Dafydd Primary School, the new facility will include a new flood lit synthetic running track area. A planning application has been submitted.

Over the six weeks summer holiday the Sport & Leisure Services Team (in partnership with Caerphilly Early Years team) worked with 7 primary schools and 1 community site delivering the Food & Fun programme (SHEP), Sport Caerphilly offered the sporting aspect and delivered 168 hours of sport and physical activity across 84 sessions. These sessions engaged 378 pupils over the summer holidays with 1888 attendances.

Within Families First the number of parents benefitting from a parenting intervention does not give a full picture due to the nature of the measure. The measure is very prescriptive in only offering evidence based parenting programmes. In comparison, 345/348 parents (99% of those who attended) have benefitted from a parenting intervention under Families First. This is typically parenting support in a more bespoke 1:1 means, through a more informal group or by attending a group that is not yet proved to be "evidence based". Parenting work is going really well, with excellent distance travelled outcomes (pre and post) and good sustained parenting skills after 3 months of being closed to the programme. There is demand on the parenting project with more parents wanting 1:1 support rather than in a group, which has led to a waiting list. When the service is recommissioned (an exercise which will take place over 2020/21) new ways of working to build capacity will need be considered.

Another successful Caerphilly challenge series showcasing the countryside surrounding the Caerphilly Basin was delivered with 450 people attending on the day. 7 walking groups currently delivering weekly walks across the county with 524 individuals taking part. A £1.2m grant funded programme has been approved to create a visitor and well-being centre at Parc Penallta.

5.3 What has not gone well

Welsh Government has withdrawn all 'Lets Walk Cymru' funding which will limit development and promotion of walking across CCBC, although we will continue to promote walking through events such as the 'Caerphilly Challenge'.

Continued lack of funding impedes Healthy Schools related initiatives i.e. training and access to expert advice.

5.4 What impact is there (if any to date) on the citizens

4 Caerphilly settings have been selected to take part in the Healthy Early Years National evaluation of the scheme where staff, parents and children will be asked on how the scheme has impacted them. This is due to take place in the Spring term 2020. For the SHEP scheme parents, staff and children completed evaluation forms (still awaiting the local feedback) approximately 25 children have been requested to complete follow up evaluations with the National Team to be completed Spring Term. Both SHEP and HEY aim to embed Healthy Practices at an early age to encourage leading a more healthy and active lifestyle.

The results of the LA School Health Research Network Student Wellbeing Survey show that:

- Caerphilly LA is 2% above the Welsh average for 'students who 'agree' or 'strongly agree' that 'teachers care about them as a person.'
- Caerphilly LA is equivalent to the Welsh average for 'students who 'agree' or 'strongly agree' that 'their ideas are treated seriously in school.'
- Caerphilly LA is almost equivalent to the Welsh average for 'students who report 'being satisfied with their life.'
- Out of the 5 questions under 'Wellbeing and Emotional Health' four are either above the Welsh average, equivalent or almost equivalent. This demonstrates that pupil voice, support for students and satisfaction with their lives is good.

The uptake of the Fluenz vaccination in 2018 was 73% which is above the Welsh average of 70%. All schools that were offered the JustB programme (peer led mentoring programme that aims to prevent smoking within young people) in 2018/19 participated (Heolddu Comprehensive, Idris Davies, St Cenydd Comprehensive, Lewis Girls' Comprehensive, Lewis School Pengam, Newbridge Comprehensive and Islwyn High School.

Healthy Schools worked with EYST (helping to tackle radicalisation and extreme religious and far right views) and Lewis School Pengam, Newbridge School and Idris Davies 3 -18 School received pupil workshops with additional targeted interventions.

Pupils from Ysgol Penalltau along with Healthy Schools and the Environmental Education Ranger piloted the John Muir Trust Award. Participation across Local Authorities is currently very low and Caerphilly will be the first Local Authority in South Wales to roll this out to all schools.

5.5 **Conclusion**

The objective is judged to be progressing well.

6. **ASSUMPTIONS**

6.1 No assumptions.

7. **LINKS TO RELEVANT COUNCIL POLICIES**

7.1 This report provides a progress update of Well-being Objective 5 of the Corporate Plan 2018-23.

7.2 **Corporate Plan 2018-2023.**

This report provides a progress update of Well-being Objective 5. The Objective also contributes to the Well-being Objective 1 – Improve education opportunities for all (links to Flying start and Families First).

8. WELL-BEING OF FUTURE GENERATIONS

8.1 This Objective contributes to the Well-being Goals as set out in Links to Strategy above. It is consistent with the five ways of working as defined within the sustainable development principle in the Act:

Involvement – This depends on the involvement of individuals to improve individual quality of life. We work with and involve a range of partners such as Public Health Wales, schools and parents (for initiatives like the Daily Mile initiative). The nature of preventing ill health requires the involvement of the individual to sustain initiatives as well as health services, GPs, Health Visitors, the voluntary sector and local groups such as walking groups. For example, the ‘Healthy Hearts’ Walking Initiative with the NHS, has 3000 participants in Caerphilly.

Long term – The objective is framed in the long term from a generational life course to deal with the long term implications of poor health which affects the quality of life and the wider economy if we do not improve on the current position. This objective starts from pre-pregnancy and 0-3 within the Flying Start programme through to healthy places for adults and children. Opportunities for health improvements with the development of the Valleys Landscape Park is a long term generational commitment and will probably run for the next 25 years.

Collaborate – As noted under involvement we must collaborate to improve this aspect, there are too many partners to list here but staff from the Aneurin Bevan University Health Board, Public Health Wales, Sport Wales all carry out activities in partnership. National Resources Wales (NRW) have a passion and willingness to allow the public use of their sites for outdoor recreation and the South Wales Countryside Officers group collaborate to ensure both local and region initiatives are developed and implemented that promote benefits to health, particularly through the Sustainable Management of Natural Resources.

Integration – Good Health underpins all the other Well-being objectives as without good health many other objectives such as maintaining sustainable employment, making the most of education and general quality of life opportunities is simply not possible. Success of this objective will meet the goals of the other organisations listed here seeking the same outcomes.

Prevention - This objective in its totality is about preventing poor health and building more resilience in our citizens over the life course to enable a better quality of life. At the heart of people’s ability to work, learn and enjoy a good quality of life, good health and well-being is the starting point for all other opportunities. Demand on already stretched services such as social care, primary and secondary health care, can be reduced by supporting residents to have a healthy and independent life for as long as possible.

9. EQUALITIES IMPLICATIONS

9.1 An EIA screening has been completed in accordance with the Council’s Strategic Equality Plan and supplementary guidance. No potential for unlawful discrimination and/or low level or

minor negative impact has been identified; therefore a full EIA has not been carried out. The Well-being Objective however will benefit different groups of citizens if achieved will contribute to the national Wellbeing Goal of 'A More Equal Wales'.

10. FINANCIAL IMPLICATIONS

10.1 There are no direct financial implications arising from this report.

11. PERSONNEL IMPLICATIONS

11.1 There are no direct personnel implications within this report.

12. CONSULTATIONS

12.1 All responses from consultations have been incorporated in the report.

13. STATUTORY POWER

13.1 Well-being of Future Generations (Wales) Act 2015.

Author: Rob Hartshorn, Head of Public Protection, Community and Leisure Services
hartsr@caerphilly.gov.uk

Consultees: Mark S Williams, Interim Corporate Director, Communities,
Councillor Nigel George, Cabinet Member for Environment and Neighbourhood
Services
Councillor D. T Davies, Chair of Environment & Sustainability Scrutiny Committee
Councillor A. Hussey, Vice Chair of Environment & Sustainability Scrutiny Committee
Stephen Harris, Interim Head of Business Improvement Services,
Ros Roberts, Business Improvement Manager
Anwen Cullinane, Senior Policy Officer (Equalities, Welsh Language and Consultation)
Jeff Reynolds, Sport and Leisure Facilities Manager,
Sian Jones, Area Team Leader, Sport & Leisure
Jared Lougher, Sport and Leisure Development Manager,
Hayley Jones, Waste Strategy and Operations Manager
Sarah Mutch, Early Years Manager,
Fiona Santos, Early Years & Childcare Coordinator
Brian Begg, Exercise Specialist,
Phil Griffiths, Green Space Strategy and Cemeteries Manager
Sue Evans, Healthy Schools Practitioner
Rebecca Boulton, Families First Team Manager
Sian Wolf-Williams, Policy Officer
Gary Mumford, Acting Senior Environmental Health Officer

Background Papers:
Corporate Plan 2018-23

Appendices:
Appendix 1 2019 6 month update of WBO5 'Creating a county borough that supports a healthy lifestyle in accordance with the Sustainable Development Principle within the Well-being of Future Generations (Wales) Act 2015'.

Caerphilly County Borough Council Well-being Objectives

5. Creating a borough that supports a healthy lifestyle

2019/20 progress update
6 months (April – Sept 2019)



BYWYDAU IACH, MANNAU IACH
HEALTHY LIVES, HEALTHY SPACES



CCBC Well-being Objectives – 2019/20 Update

Reporting for Scrutiny

1. Overall Summary Statement

This objective has 2 long-term outcomes and at the end of this reporting period, the objective is judged to be progressing well.

2. What has gone well?

- 19 schools have achieved the Healthy Schools National Quality Award. This equates to 22% of our schools. This is well above the national target of 10%;
- The Period Dignity Working Party is a group established to explore the options of introducing free female sanitary products into secondary schools for those in year 7 to 11. They have identified the options and actions needed to address the issues around period dignity; from the provision of free sanitary products in our schools, to raising awareness and understanding amongst young males. With the support of healthy schools they have ensured the delivery of 134 red boxes of sanitary products across schools, libraries, youth centres and community centres. The 2019/20 WG grant is being used to purchase plastic free products and Caerphilly was the first LA in Wales and the UK to make this commitment.
- A £500k investment for improvements to the fitness suite and studios at Newbridge Leisure Centre was approved by Cabinet in April 2019; works are due to be completed later in 2020.
- A new 3G Pitch at Blackwood Comp has been completed and opened for community bookings.
- A new Leisure Lifestyle app to enhance the customer journey of leisure centre users across Caerphilly has been launched.
- Welsh Government have approved funding for the development of a Community Athletics Hub at Rhiw Syr Dafydd Primary School, the new facility will include a new flood lit synthetic running track area. A planning application has been submitted.
- Over the six weeks summer holiday within Sport (in partnership with Caerphilly Early Years team) worked with 7 primary schools and 1 community site delivering the Food & Fun programme (SHEP), Sport Caerphilly offered the sporting aspect and delivered 168 hours of sport and physical activity across 84 sessions. These sessions engaged 378 pupils over the summer holidays with 1888 attendances.
- 78 settings currently engaged in the Healthy Early Years Scheme with 59 progressing through the scheme and 19 who have completed the full scheme, of which 3 are working towards reaccreditation and 6 completed within this year. Estimated number of children benefiting from the scheme is 1712. 5 new settings have enrolled this year with a further 3 settings ready to sign up before the end of March 2020. Continuing to work closely with neighbouring local authorities in the Healthy Early Years network for a regional approach and liaise with Public Health Wales and other childcare partner organisations to enhance scheme and meet objectives.

- Within Families First the number of parents benefitting from a parenting intervention does not give a full picture due to the nature of the measure. The measure is very prescriptive in only offering evidence based parenting programmes. In comparison, 345/348 parents (99% of those who attended) have benefitted from a parenting intervention under Families First. This is typically parenting support in a more bespoke 1:1 means, through an informal group or by attending a group that is not yet proved to be “evidence based”. Parenting work is going really well, with excellent distance travelled outcomes (pre and post) and good sustained parenting skills after 3 months of being closed to the programme. There is demand on the parenting project with more parents wanting 1:1 support rather than in a group, which has led to a waiting list. When the service is recommissioned (an exercise which will take place over 2020/21) new ways of working to build capacity will need be considered.
- Another successful Caerphilly challenge series showcasing the countryside surrounding the Caerphilly Basin was delivered with 450 people attending on the day. 7 walking groups currently delivering weekly walks across the county with 524 individuals taking part over the past 6 months.
- A £1.2m grant funded programme approved to create a visitor and well-being centre at Parc Penallta has been approved.

3. What has not gone well? And what are we learning?

- Welsh Government have withdrawn all ‘Lets Walk Cymru’ funding which will limit development and promotion of walking across CCBC, although we will continue to promote walking through events such as the ‘Caerphilly Challenge’.
- Continued lack of funding impedes Healthy Schools related initiatives i.e. training and access to expert advice.

4. What impact are we making?

- 4 Caerphilly settings have been selected to take part in the Healthy Early Years National evaluation of the scheme where staff, parents and children will be asked on how the scheme has impacted them. This is due to take place in the Spring term 2020.
- For the SHEP scheme parents, staff and children completed evaluation forms (still awaiting the local feedback) approximately 25 children have been requested to complete follow up evaluations with the National Team to be completed Spring Term.
- Both SHEP and Healthy and Sustainable Preschool Scheme (HEY) aim to embed Healthy Practices at an early age to encourage leading a more healthy and active lifestyle.
- The results of the LA School Health Research Network Student Wellbeing Survey show that:

- Caerphilly LA is 2% above the Welsh average for ‘students who ‘agree’ or ‘strongly agree’ that ‘teachers care about them as a person.’
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- The uptake of the Fluenz vaccination in 2018 was 73% which is above the Welsh average of 70%
 - All schools that were offered the JustB programme (peer led mentoring programme that aims to prevent smoking within young people) in 2018/19 participated (Heolddu Comprehensive, Idris Davies, St Cenydd Comprehensive, Lewis Girls’ Comprehensive, Lewis School Pengam, Newbridge Comprehensive and Islwyn High School.
 - Healthy Schools worked with EYST (helping to tackle radicalisation and extreme religious and far right views) and Lewis School Pengam, Newbridge School and Idris Davies 3 -18 School received pupil workshops with additional targeted interventions.
 - Pupils from Ysgol Penalltau along with Healthy Schools and the Environmental Education Ranger piloted the John Muir Trust Award. Participation across Local Authorities is currently very low and Caerphilly will be the first Local Authority in South Wales to roll this to all schools.

5. What is our future focus (for the next 6 months to a year?)

- The Flying Start and Families First health teams are working more closely together to become a responsive team supporting vulnerable parents with responsive feeding techniques for breast and bottle fed babies, healthy start vouchers, weaning information as well as healthy eating delivered through the postnatal baby clubs running across the borough. In addition the antenatal programme has lots of information to promote a healthy pregnancy. The aim of the postnatal group is to offer parents with babies 0-12 months a pathway and opportunity to enjoy their child’s milestones. This will be achieved by focussing on the family’s optimal nutritional journey, the parent-child relationship and physical development with an additional element of bringing up a baby on a budget focussing on food, toys and play.
- The Healthy Schools Team will be more effective and reduce impact on the environment by working agilely from respective areas of the borough.

5. Tracking Progress – Our Steps to Deliver (2018-2023)

Outcome	Progress 2019/20 (Completed? Ongoing? Behind?)	Dates
1: Aim to reduce inequalities in Health		
Continue to increase the 'Daily Mile' programme in schools across the county borough.	This remains at 43 schools undertaking the daily mile.	2018-2023
Continuation of the Healthy Hearts programme in partnership with Aneurin Bevan Health Board.	<p>7 walking groups currently delivering weekly walks across the county with 524 individuals taking part over the past 6 months.</p> <p>2 new groups have been set up targeting Graig Y Rhacca and Lansbury Park as part of the larger Rural Development Plan project.</p> <p>2 walk leader courses have been delivered training local people in Graig Y Rhacca and Lansbury Park.</p> <p>Self-led walking guides are currently being developed in the area to target those who cannot attend the led walks.</p> <p>Ongoing collaboration with ABUHB and the 'Integrated Well being network' with a view to creating more physically active communities in Rhymney, New Tredegar and Bargoed.</p>	
<p>Continue to run our Flying Start programme which provides a wide range of support 0-3 years and their families for improving life in early years. This includes activities such as:</p> <ul style="list-style-type: none"> • Get Cooking - recipes and cookery sessions for family foods. • Henry (Healthy Exercise and Nutrition for the Really Young) - nutrition and exercise course for parents to know the most up-to-date information on the best foods and exercise for their child's development. • Healthy Start scheme - Healthy Start vouchers for fresh fruit and vegetables and vitamins 	The Flying Start and Families First health teams are working more closely together to become a responsive team supporting vulnerable parents with responsive feeding techniques for breast and bottle fed babies, healthy start vouchers, weaning information as well as healthy eating delivered through the postnatal baby clubs running across the borough. In addition the antenatal programme	2017-2021

Outcome	Progress 2019/20 (Completed? Ongoing? Behind?)	Dates
<p>Run our health outreach (shared contract) 'On the Move and On to Food' (to support parents with solid feeding and nutrition moving onto HENRY (Health Exercise Nutrition for the Really Young)).</p>	<p>has lots of information to promote a healthy pregnancy.</p> <p>The aim of the postnatal group is to offer parents with babies 0-12 months a pathway and opportunity to enjoy their child's milestones. This will be achieved by focussing on the family's optimal nutritional journey, the parent-child relationship and physical development with an additional element of bringing up a baby on a budget focussing on food, toys and play.</p> <p>Lets get Cooking - 3 courses for Childcare staff ran with 48 staff attending.</p> <p>Flying Start continues to deliver evidence based family support programmes. During 2018-19 271 parents enrolled and started parenting programmes. In term 1 of 2019-20 the number of parents enrolling and starting parenting programmes was 91. Target 200</p>	
<p>Promote the Healthy Schools programme (a Welsh Government, Public Health and Education Programme) to provide specific actions to improve child health.</p>	<p>19 schools have achieved the Healthy Schools National Quality Award. This equates to 22% of our schools. This is well above the national target of 10%. An NQA Celebration event held 14/10/19 to present six schools with the NQA award (Pengam Primary, White Rose Primary, Ystrad Mynach Primary, Libanus Primary, Llancaiach Juniors, Cwm Glas Infants); Local Phase 6 Awards (LP6) were awarded to six schools (Cwmaber Juniors, Machen Primary, Bedwas Infants, St James Primary, Waunfawr Primary, Gilfach Fargoed Primary) 43 schools continue to undertake The Daily</p>	<p>2018-2023</p>

Outcome	Progress 2019/20 (Completed? Ongoing? Behind?)	Dates
	<p>Mile;</p> <p>Updated policy guidance for Hygiene and Bereavement has been sent out to all schools; Caerphilly Healthy Schools team are awaiting the research summary of the Public Health Wales' 'If I were Jack' training delivered to St Cenydd Comprehensive and Islwyn High School. Heolddu was a control school in the borough.</p> <p>Caerphilly secondary schools are all on track to complete the School Health Research Network Student Wellbeing Survey by 16th December 2019.</p> <p>50 Caerphilly primary schools deliver the Designed to Smile initiative which involves tooth brushing at least 3 times a week and application of fluoride varnish twice a year. The period dignity working party supported by healthy schools ensured the delivery of 134 red boxes of sanitary products across schools, libraries, youth centres and community centres. The 2019/20 WG grant is being used to purchase plastic free products and Caerphilly was first LA in Wales and the UK to make this commitment.</p>	
Disability in Sport – providing sporting opportunities for individuals with disabilities.	Opportunities continue to grow for individuals across the borough; two new links have been created via Springfield resource centre & Cwmcarn primary school unit (swimming programme) these are two examples of opportunities created for individuals with disabilities.	2018-2023

Outcome	Progress 2019/20 (Completed? Ongoing? Behind?)	Dates
Participation in 'large scale change' collaborative programme: Let's Go Girls (Campaign to get more girls and women aged 14-40 more active, more often through different forms of engagement through physical activity).	This programme will start in January 2020; consultation is under way regarding a walking netball programme.	2018-2023
Supporting greater physical activity through continued delivery of targeted programmes on a local and regional basis such as 'Positive Futures', which is a sport based social inclusion programme that uses sport as a tool to engage young people in local community facilities, and through a referral process from a range of partnership agencies.	Caerphilly positive futures programme continues to work closely with education, Gwent PCC & Gwent police. The current programme operates 54 education sessions per week working with 30 young people. The community sessions cover 8 locations across the borough.	2018-2023
Sporting Pathways – a targeted approach to helping clubs develop their playing, coaching and volunteer base.	£84,254 Has been spent via community chest to date, these funds are essential to clubs to continue growth of coaches, players & volunteers.	2018-2020
Complete a Play Sufficiency Assessment to assess gaps in provision and identify improvement actions	A Play sufficiency Assessment was submitted to Welsh Government in March 2019 that will be for 3 years.	March 2019
2: Creating a place that supports a healthy lifestyle.		
Implement a county borough wide Sport and Leisure Strategy to establish a vision and specific actions to sustain	CCBC adopted the Sport & Active Recreation Strategy 2019 – 2029 in November 2018. The SARS presents a vision for the future delivery of sport and active recreation across the county borough both from a council and partner perspective. Investments has been agreed in improving the Fitness Suite provision at Newbridge Leisure Centre (an identified strategic facility) which will be completed during 2020. A business case is being developed to replace the existing Caerphilly Leisure Centre subject to appropriate funding being in place.	2019-29

Outcome	Progress 2019/20 (Completed? Ongoing? Behind?)	Dates
Set up a Health and Well-being employee group to provide lifestyle improvements that can benefit the wider communities.	An Employee Well-being Group has been established.	2018/19
Promote and run the Elite Caerphilly Scheme 2018 (This aims to reduce the financial burden of training costs for talented athletes, many of whom aspire to represent both Wales and/or Great Britain in their respective sports on the international stage.	Currently there are 28 Elite Caerphilly members accessing and using our facilities across the borough.	2018-2023
Promoting access and use of our parks and countryside (Rural Development Programmes), through cycling and walking and events such as the 'Caerphilly Challenge'.	Another successful Caerphilly challenge series show casing the countryside surrounding the Caerphilly Basin was delivered on the 11.05.2019 with 450 people attending on the day.	2018-2023
By 2020 aim towards Welsh Government target to reduce the smoking rate to 16% <ul style="list-style-type: none"> • Trader education/awareness on 18 age limit for purchases of tobacco products, No Proof No Sale packs issued to traders which include guidance for traders, shop display items and information for employees. • Promote and facilitate take up of Proof of Age cards to young people 16 to 18 via schools and colleges. 	Trader education/awareness ongoing, No Proof No Sale packs and advice issued to new businesses and during programmed inspections. Promote proof of age cards but no longer facilitate in schools due to changes in requirements associated with GDPR.	2020
Delivering on our Tree Strategy Actions	A Tree Management Strategy has been implemented. Completed inspections and instructed maintenance has been approximately doubled in last 12 months. Planned surveys are ongoing as is cyclical maintenance to street trees.	2018-2023

Performance Against Adopted Tracking Measures	Outcome	18/19 Actual	19/20 Target	19/20 Actual @ Quarter 2	Comment

Performance Against Adopted Tracking Measures	Outcome	18/19 Actual	19/20 Target	19/20 Actual @ Quarter 2	Comment
Increase the number of schools participating in the 'daily mile'.	1	43	N/A	43	
Increase the number of schools achieving Welsh Governments National Quality Award for Healthy Schools.	1	14	10%	19 (22%)	
Number and % of participant parents benefitting from an evidence-based parenting programmes.	1	28 (100%)	N/A	28 (100%)	
		271	200	91	
Number of clubs signed up to be part of the 'Lets Go Girls' campaign.	1	7	4	N/A	The new programme will start in January 2020.
Engage with a minimum of 5 new settings in promoting the Healthy and Sustainable Preschool Scheme (Hey Scheme)	1	5	5	5	
Reduce smoking rates.	2	20%	16%	20%	20% of adults in Caerphilly County Borough reported that they currently smoked (2018/19 National Survey for Wales). The Wales average is 17%. Wales target is 16% by 2020 (Tobacco Control Delivery Plan for Wales).: Nationally data on smoking rates suggests a reduction in smoking since 2016 but more data is required to analyse trends due to a change in collection methods from the Welsh Health Survey to the National Survey for Wales.

Performance Against Adopted Tracking Measures	Outcome	18/19 Actual	19/20 Target	19/20 Actual @ Quarter 2	Comment
% of children age 4/5 who are overweight or obese.	2	27.1%	N/A	27.1%	27.1 % of children age 4/5 are overweight or obese in Caerphilly County Borough (2013/14 – 2017/18 combined). This is higher than the Wales average of 26.4% and compares to 22.4% in England and Scotland. Source : Child Measurement Programme 2017/18 Public Health Wales
Percentage of children at 11 years who can swim 25 metres.	2	46%	76%	58%	58% of Year 6 pupils who attended school lessons were able to swim 25 metres
Increase the number of visits to our parks and countryside.	2	1.5m	1.35	640,000	
'Increase numbers participating in a broadened 'Healthy Hearts' initiative.	2	910	N/A	524	
Number of people participating in the Health Referral scheme.	2	1419	1008	758	The performance at Q2 is above the national target of 504. This is due to more clients being seen through the open day process.
Street Scene Cleanliness Index LEAMS Score for the whole of the county borough (STS005a)	2	68.2%	65%	66.51%	
% of highways & relevant land inspected of a high or acceptable standard of cleanliness (STS005b).	2	96.7%	96.50%	96.45%	
Average number of working days taken to clear fly-tipping incidents reported to the authority during the year.	2	2.5	5	4.1	
The percentage of reported fly tipping incidents which lead to	2	0.5%	0.5%	0.26%	

Performance Against Adopted Tracking Measures	Outcome	18/19 Actual	19/20 Target	19/20 Actual @ Quarter 2	Comment
enforcement activity.					
Number of enforcement actions issued for Dog Fouling.	2	61	N/A	19	